

CERTIFICATE OF PARTICIPATION

This is to certify that

Karl de Lange

Has successfully participated & completed the
12km Women Rock - Trail Run presented by Navworld
held at Ingaadi Spa.

TIME 01:08:43

PACE 05:42/km
OVERALL 42 of 124

GENDER 26 of 47
40 - 49 9 of 14

28 August 2016, Sun

Date



BoutTime

Signature

